NAPERVILLE WRESTLING CLUB

The Naperville Wrestling Club is a USA Wrestling Chartered Club as well as a member of the Illinois Kid Wrestling Federation (IKWF).

The Naperville Wrestling Club teaches sound wrestling technique and sportsmanship to wrestlers from grades kindergarten through 8th grade. Wrestling provides a great foundation for building strength, balance and quickness, which can be used in other sports. Wrestling also develops integrity, discipline and a strong work ethic – traits that will last a lifetime. We work to ensure every team member receives the instruction and training they need to compete at an appropriate level. Our paid and volunteer coaches provide a diverse mix of wrestling knowledge and experience; several of our coaches are former NCAA college wrestlers.

Practices:

All practices are in the Naperville Central wrestling room. MUST HAVE USA WRESTLING PRIOR TO PARTICIPATING IN PRACTICE

	Age Group	Day	Start Time	End Time
	7 & Under	Tues & Thurs	6:00pm	7:00pm
l	8 - 11	Mon & Wed	6:00pm	7:30pm
	12 & Up	Mon, Wed & Thurs	6: <mark>00pm</mark>	7:30pm

<u>Season:</u>

7 & Under – November 6th – January 31st 8 & Older - November 5th – IKWF Post Season (Early March)

Eligibility:

Kindergarten through 8th grade

Cost:

K – 6th Grade is \$300 plus \$40 USA Wrestling Card.

7th – 8th Grade is \$175 plus \$40 USA Wrestling Card.

Club fees include weekly coaching, 1 custom t-shirt, & custom singlet (singlet must be returned at end of season) ***Scholarship/Financial assistance is available as needed***

Competitions:

Local tournaments on Sunday

All wrestlers are eligible to compete IKWF State Series – Early March

The Naperville Wrestling Club will host a tournament at Naperville Central High School on Sunday, December 30th

For More Information:

Parent Meeting – Wednesday October 30th, 7:00pm Naperville Central wrestling room. Use entrance #9 (by the swimming pool lobby off Hillside Road) Additional Questions: <u>info@napervillewrestlingclub.com</u>



